



**DRUGS &
ALCOHOL
CONSULTATION**

OVERVIEW

- Why are we delivering a scheme on Drugs and Alcohol?
- What do we do already?
- What does the scheme look like and how will I know what my child is learning?
- When will you know we're teaching this subject matter?

DRUGS AND ALCOHOL IN CALDERDALE – WHY IT'S A PRESSING ISSUE

- The estimated prevalence rate (2011/2012) of opiate or crack cocaine users aged 15-64 years is 7.9 per 1,000, (1,058 adults) which is consistent with the national average. Of these, the estimated prevalence for those injecting opiates/crack cocaine is 1.89 per 1,000 (253 adults) (Public Health England (PHE), Prevalence Estimates by Local Authority).
- The proportion of the drug treatment population who have been in treatment for over six years (and over ten years) is unusually high.
- There is a growing problem of poly-substance use: some 16-18% of alcohol service users also use drugs and 18% of drug service users also drink.

**KNOW
YOUR
NUMBERS**



**MAXIMUM WEEKLY
ALCOHOL GUIDANCE.**

LIMITS ARE NOW THE SAME FOR MEN & WOMEN.
DON'T EXCEED THE RECOMMENDED 14 UNITS OF
ALCOHOL PER WEEK (SPREAD OVER 3 DAYS).

ALCOHOL IN CALDERDALE PRESSING ISSUE



Calderdale's 16 year old and over drinking population, we would

'low risk' level; 14 units per week

'medium risk' level; Between 14 and 35 (women) 14 and 50 (men)

'high risk' level'. More than 35 units per week (women) 50 units per

DO YOU KNOW HOW MANY UNITS OF ALCOHOL YOU DRINK?

There are around 60 medical conditions associated with alcohol consumption. No drink is a safe drink. Reduce your risk.

ISSUES BROUGHT TO THE SCHOOL THIS YEAR

A group of concerned parents approached me to talk about drug dealing of cannabis in the skate park after school that are targeting Year 8 pupils who used to attend Riverside.



ISSUES BROUGHT TO THE SCHOOL THIS YEAR

A concerned parent raised concerns regarding children picking up a vape discarded in park and trying it...



WHAT DO WE DO ALREADY IN TERMS OF DRUGS AND ALCOHOL IN THE CURRICULUM?

- Medicine and some focus on drugs and tobacco is covered across the Science curriculum
- Early Years Foundation looks at keeping healthy as well
- Our new, whole federation resource JIGSAW also looks at drugs and alcohol at various points during the 'Healthy Me' focus in Summer 1.
- We run various assemblies during the year too that look at health and at times explicitly discuss aspects such as smoking and vaping.

PROGRESSION OF LEARNING

Year 5

Legal and Illegal Drugs

Lesson 1: Legal and Illegal Drugs

Lesson 2: Attitudes to Drugs

Lesson 3: Peer Pressure

Year 6

Preventing Early Use

Lesson 1: Cannabis

Lesson 2: VSA and Getting Help

Lesson 3: Help, Advice and Support

EXAMPLES OF RESOURCES – YEAR 1



EXAMPLES OF RESOURCES – YEAR 2



You find a bottle of liquid in the garden



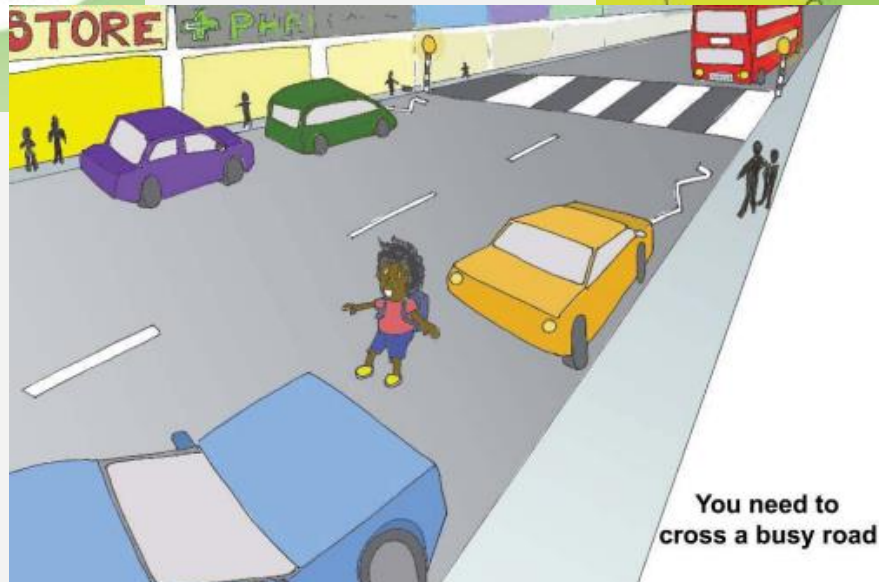
Irritant
(may irritate skin)



You find a syringe in a park



Toxic
(may damage health)



You need to cross a busy road



Corrosive
(may damage skin)

EXAMPLES OF RESOURCES – YEAR 3

Blood oxygen levels return to normal and the chance of a heart attack falls.

The body is now nicotine free. The sense of taste and smell has improved.

Circulation is now improved throughout the body. It's easier to walk and exercise.



Your younger sister has found a cigarette at home; she wants to try smoking it.

Smoking: True False Quiz

	True	False	Unsure
Smoking is healthy and doesn't harm our bodies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Some people start smoking because their friends or family smoke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Only old people become ill because of smoking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Quitting smoking can improve your health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

EXAMPLES OF RESOURCES – YEAR 4

Drinks of Britain

Units. They all add up.



ALCOHOL KNOW YOUR LIMITS

Alcohol and the Law Quiz

1. People have to be 18 to buy alcohol in the UK TRUE / FALSE
2. Children aged 5 or over can be given alcohol to drink at home TRUE / FALSE
3. People can be arrested for being drunk on the street TRUE / FALSE

Differences: True False Quiz

- | | True | False | Depends |
|--|--------------------------|--------------------------|--------------------------|
| 1. Alcohol affects children more than adults | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Alcohols affects large people more than small people | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Alcohol affects you more if you have eaten a large meal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. A pint of beer will affect a person more than a glass of wine | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

EXAMPLES OF RESOURCES – YEAR 5

Your Questions



After the lesson I wanted to know...

On the way home from school a friend pulls out a can of butane gas. He suggests you go to the park so you can both have a sniff.

You find a syringe in the park whilst playing with your friends.

A.

Effects

This drug gets to the brain quickly. It makes the heart beat faster. Users say it helps them relax.

Risks

Long term use of this drug can damage the lungs, heart, stomach, bones, mouth and throat. This drug can cause cancer.

D.

Effects

This drug makes a person relax so a small amount can make them feel less worried and more confident.

Risks

This drug may make a person do things they might not normally do. Accidents often occur when using this drug. Large amounts of this drug can make people be sick and forget things.



Task 1
Match each picture with the correct name card.

EXAMPLES OF RESOURCES – YEAR 6

Peer Pressure Strategy cards

1. Stand up straight, make eye contact and say no.
2. Say no assertively - not aggressively.
3. Say no, keep repeating this.

Dear Problem Page,

I know that some of my friends have been buying cigarettes from the local shop. the problem is they now want me to go and get some. Can you help me please?

E, age 11

	Fact	True or False
1	All cannabis smoked in cigarettes (joints) is the same strength.	
2	It is illegal to drive immediately after smoking cannabis.	
3	Regular use of cannabis helps people to	



Most homes contain over 50 products that are volatile substances.

This includes gas lighter refills, aerosols containing hairspray, deodorants and air fresheners, tins or tubes of glue, some paints, thinners and correcting fluids, cleaning fluids, surgical spirit, dry-cleaning fluids and petroleum products.

The effects

People say it's like being drunk. You might feel dizzy and have the giggles. It can be difficult to think straight.

The effects last for a short time so users tend to keep repeating the dose to keep the feeling going.

Some people feel like they have a hangover after use. It can cause bad headaches and make you feel very tired.

Some substances can leave a red rash around the mouth.

Some substances make you hallucinate. This can last for up to 45 minutes.

The risks

- People can be physically sick and blackout. Too much can result in a coma.
- There's a risk of heart problems which could kill users the very first time they sniff.

WHEN WILL WE TEACH THIS?

- At Riverside we'll aim to teach this in Summer 1 every academic year.
- In the Infant Schools we will add these lesson plans alongside our science curriculum (Animals, including humans).
- At Central St the Y1 children will learn about medicines in the Autumn Term and Y2 in the second half of the Summer Term.
- At Stubbings the curriculum has 2 cycles, this year (cycle 2) the children will learn about medicines in the second half of the Summer Term. The following year (cycle 1), this learning will be done in the Autumn.
- Beforehand, we'll send out a letter to inform families it's coming up so you're aware in case your child starts to ask questions and engage with you at home about it.
- We'll also create web page similar to the RSE page on the school's website so that you can see the overviews for each year group as and when your child progresses through the school.

ANYTHING TO QUESTIONS?